

# EXCLUSIVE



# MAGAZINE

A FASHIONABLE GUIDE TO THE NORTH WEST

SECRETS OF THE SEASON REVEALED



*Winter* 2015/2016



# Antigua

CARLISLE BAY



**C**erulean blue skies, clear waters and white sand beaches fringed with palm trees; the beautiful island of Antigua makes a memorable holiday destination with so much to offer.

Situated just thirty minutes from the airport and the vibrant capital of St Johns,

the luxury Carlisle Bay resort is set in a magnificent location on the Antiguan coast with rainforest on one side and the beach on the other side. The secluded resort provides its guests with a world of refinement, with four restaurants, an indulgent spa and exceptional service.

The 82 spacious suites at the resort feature floor to ceiling windows, neutral interiors with plush furnishings and useful features such as WIFI and a desk where you can catch up on a little work during your stay. No detail is overlooked and every day, fresh fruit is brought to your room and bottled water, a minibar and Espresso machine are on hand to make sure that you can enjoy a light snack or drink at any time of the day.

The suites all have a balcony or terrace furnished with daybeds, enabling you to benefit from the stunning views, and it is a true pleasure to relax on your balcony over drinks during the evening and to enjoy the warm air.

The resort design aesthetic reminds you that you are in the Caribbean, with wooden plantation style shutters and hammocks where you can sip a cocktail or two before dinner. Dining at Carlisle Bay is an experience not to be forgotten and there is plenty of choice to suit everybody. Indigo Beach is a relaxed restaurant where open doors let the sea breeze drift in and there is an unmissable Caribbean beach barbecue held once a week. The cuisine served at Indigo Beach is healthy and delicious, with fresh salads, homemade pasta, excellent local grilled seafood and breads on offer.



Intricate Indonesian style carved wooden doors welcome you to East restaurant which is renowned as one of the best dining destinations in Antigua for its fusion menu of Japanese, Thai and Indonesian dishes as well as sushi and sashimi. The popularity of East means that booking is essential, and it is well worthwhile making a reservation for this superb gastronomic experience. Ottimo revolves around a relaxed Italian style of dining with a menu of wood fired pizzas, pasta and homemade Gelato whilst The Jetty Grill is a beachside restaurant serving fresh seafood, grilled meats and carafes of wine. For an even more memorable dining experience during your stay, I would recommend beach or jetty private dining which can be arranged by the resort to meet your exact requirements. Carlisle Bay certainly has it all and there is nowhere better to stay in Antigua for a touch of luxury.

## EXCLUSIVE RECOMMENDATIONS

*Visit the museum of Antigua and Barbuda in St Johns for a fascinating insight in to the local history and culture.*

*Constructed in 1747, this is the oldest building still in use in the city.*

*Try the local seafood for an unforgettable gastronomic experience; the lobster, snapper and mahi-mahi are particularly good.*

*Both group and private yoga and Pilates lessons are available on the yoga pavilion within the resorts magnificent tropical gardens.*

Carlisle Bay

Old Road St. John's

Carlisle Bay

Antigua & Barbuda

[www.carlisle-bay.com](http://www.carlisle-bay.com)

